

Lesson 9

Special Considerations

8 minutes

Part I: Mouth-to-Mouth Breaths

Part II: Rescue Breathing (Practice While Watching)

Part III: Breaths With an Advanced Airway

Part IV: Opioid-Associated Life-Threatening Emergency

Choose which provider option to play for this lesson by selecting the in-facility or prehospital icon.

For students' review of this lesson, they can reference "Part 7: Breathing Techniques" and "Part 8: Opioid-Associated Life-Threatening Emergencies" in the Provider Manual.



Play Video

The video will show and discuss

- Instruction: Mouth-to-Mouth Breaths
- Instruction: Rescue Breathing



Video Pauses

- Have students position themselves at the side of their manikins per the video instructions.
- Tell students they will practice rescue breathing on the manikin.
- If students have already completed the Adult CPR and AED Skills Test and the adult manikins are put away, you may have students practice rescue breathing on an infant manikin instead of an adult manikin. If selecting this option, proceed to "Students Practice: Rescue Breathing (Infants and Children)" below, instead of "Practice While Watching: Rescue Breathing (Adults)."



Practice While Watching: Rescue Breathing (Adults)

- Students will follow along with the video to complete the following steps for adult rescue breathing:
 - Rescue breathing for adults
 - Give 1 breath every 5 to 6 seconds (about 10 to 12 breaths per minute).
 - Give each breath over 1 second.
 - Each breath should result in visible chest rise.
 - Check the pulse about every 2 minutes.
- Observe students and provide positive and corrective feedback on their performance.
- Repeat the practice-while-watching segment as many times as needed for all students to complete the practice session.



Students Practice: Rescue Breathing (Infants and Children)

- Lead students by instructing the following steps on how to provide rescue breathing for infants and children. Then have students practice.
 - Rescue breathing for infants and children
 - Give 1 breath every 3 to 5 seconds (about 12 to 20 breaths per minute).
 - Give each breath over 1 second.
 - Each breath should result in visible chest rise.
 - Check the pulse about every 2 minutes.
 - Observe students and provide positive and corrective feedback on their performance.
 - Repeat the practice as many times as needed for all students to complete the practice session.
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Play Video

The video will show and discuss

- Instruction: Breaths With an Advanced Airway
 - Instruction: Opioid-Associated Life-Threatening Emergency
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Instructor Notes

Next

Adult and Child Choking